

## February 26, 2021 Bringing a Guest?

All guests must sign in at the office To obtain a riding pass for a guest, upon arrival. Whether they are planning to ride or just hang out at **RELEASE**, available in the your campsite, THEY MUST BE **SIGNED IN**. The hosting member must accompany guests at all times visit at camp, please have them and are responsible for their behavior.

Remember each membership is permitted to host 4 paying quest riders per visit. There is currently not a limit to how many non-rider quests you may have.



please fill out the **GUEST RIDER** registration office. If your guest is just joining us for a

sign the **NON-RIDER WAIVER**, a clipboard is hanging on the outside wall of the office 24/7.

NOTE: the membership and non-rider waivers are always hanging on the outside wall so please stop and sign in. Take the time to print and sign clearly on all waivers. There's no rush; you're here to relax!

### Volume 14, Issue 3

#### Weather FORECAST Fri Partly Cloudy 41° F | 37° F Sat **Rain 82%** 50° F | 35° F Sun **Rain 98%** 42° F | 40° F

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Call the office at 570.682.1075

# Thawing and Refreezing

With the ground thawing and refreezing and the snow still covering most campground, you just never know what you may run into (mud, ice, snow, who knows!). It is advised that you call the office before coming out to make sure your campsite is accessible.

Be aware that most camp roads are drivable, but at your own risk due to icy condition. The rain this weekend will melt the snow. To how much will melt, we can't predict anything BUT a muddy mess. Towing a trailer with four-wheeldrive is still advised. Getting into some campsites may still take shoveling.

The trails are getting beaten back in as more and more members are coming out to play !! Spring is on it's way!

## TIPOFTHEDAY



Still not out of the Cold Season just yet. Here are some tips to help you along your "sicky" way.

Drink Water; Ease Sinus Pressure Keep a bottle of water with you wherever you go and take sips throughout the day. The extra hydration will keep your nose moist and help you breathe and rest easier. Relieve Aches and Pains with Olive Oil Based on research published in Nature magazine, olive oil might be a natural treatment for aches and pains. Researchers found that adding 1.75 oz. of olive oil to your daily diet has antiinflammatory properties equal to about 10 percent of a normal adult dose of ibuprofen. While this might seem small, over time, the medicinal properties could build up to measurably reduce inflammatory pain.

#### LOCAL TO DO'S

Hungry?? Joliett Fire
 Company is serving food
 from 6-8pm every Friday.

 Crossroads Market & Auction Open Fridays 10am
 -8pm

Kenny Stehr & Sons
 Farm —Produce List on Facebook —Order & Pick Up
 Fridays and Saturdays

Berks Animal Low Cost
 Shot Clinic in Tremont 3/6
 139 Clay St Tremont, PA
 17981 9am-12pm

Turkey Dinner @ Hegins
 Valley Fire Rescue 3/14
 11am

Benigna's Creek Vineyard
"Refresh You" Weekend
3/13-14 wine tasting & vendors

Benigna's Creek
 Vineyward "Peddler's Alley"
 Weekend wine tasting & vendors

## 2021 DEvent Schedule

\*MARCH 20 ST PATTY'S RIDE \*APRIL 18 MOTOTRIALS EVENT \*April 24 Spring Cleanup \*MAY 15 SARGE'S MEMORIAL RIDE \*MAY 29 POKER RUN \*JUNE 19 TREASURE HUNT \*JULY 3 MEMBER APPRECIATION DAY \*JULY 17 KIDS SCAVENGER HUNT \*JULY 17 CHRISTMAS IN JULY RIDE \*AUGUST 7 BONFIRE \*AUGUST 21 RALLY IN BEAR VALLEY \*September 4 Mud Ride **\*OCTOBER 10 DUAL SPORT EVENT** \*October 23 Trick-or-Treat \*NOVEMBER 20 TURKEY FEAST & FINAL FOOD BANK COUNT



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Are you roaming the campground roads or even the trails without your helmet strapped? Be safe & please always make sure yours is!

### New Updated Version of Our Website

Check out our newest version of the website. We are very pleased and hope you will be too.

